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**Zensational Yoga Offers at Lidl Ireland**

Whether you are a regular yogi, or a new year beginner, Lidl Ireland has an incredible yoga range to help you find your yoga zen. The advantage of yoga is that it can be practised anywhere with minimal equipment. Lidl’s selection of yoga wear is high in quality and available at an affordable price **from January 21st.**

Purchase your complete yoga look for less than €15, simply choose your favourite **Yoga Vest (€4.99 available in 3 different styles), Yoga Leggings (€6.99 available in 3 different styles**) and **Yoga Mat (€6.99 available in 2 different styles).** When purchased together you will save a massive 21% and get all three for just **€14.99\*.**

Yoga benefits both body and mind and is a great way to start the day, or unwind after a busy week. In all 159 Lidl store nationwide,you can pick up all your yoga essentials. Lidl’s Crivit yoga wear are quick drying and moisture wicking, with ventilation zones for breathability, from **Yoga Tops (€6.99)** and **Yoga Leggings** **(€6.99)** to **Yoga Pants (€7.99)** and **Seamless Sports Bras (€5.99).**

Lidl also has a wide range of yoga accessories available at an affordable price, making yoga practice doable no matter where you may be. Lidl have the simple yoga essentials such as **Exercise Mats (€6.99)** with an embossed, non-slip surface and **Yoga Bags (€8.99),** ideal for carrying your yoga mat, with separate ventilated compartments for towels and clothes. Lidl’s yoga range also includes yoga must have accessories, including **Yoga Straps**, **Yoga Blocks**, **Pilates Rings**, **Yoga Balls and an Inflatable Balance Cushion** all available at **€5.99 per set.** These accessories promote stretching and help you reach more difficult yoga poses, while providing support for balance and stretching exercises. For beginners, the Inflatable Balance Cushion will help you to learn yoga poses, strengthen the core and improve posture.

**ENDS**

**Notes to the Editor:**

All products are available in Lidl’s 159 stores nationwide from January 21st while stocks last

Imagery is available to download from: Password: lidl123

<https://lidex.lidl.com/securehub/download.xhtml?id=d032454eaf40455f86a4dcb8d0b77bac>

\****Offer valid from 21.01.19 – 23.01.19***

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